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**Suggested Packing List:**

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| --- | --- |
| **CLOTHING**  ● T-shirts  ● Underwear  ● Socks  ● Warm shirts  ● Comfortable pants  ● Shorts  ● Sun shirts (light cotton long-sleeve shirt)  ● Sweater / sweatshirts  ● Warm hat  ● Rain Jacket/layers  ● Sturdy walking shoes/sneakers  ● Sandals | **OUTDOOR GEAR**  ● Day pack  ● Hat  ● Rain jacket/pants  ● Sunglasses  ● Water bottles  ● Flashlight or headlamp  ● Sunscreen |
| **DORM ROOM**  ● Bed linens or sleeping bag  ● Blankets or sleeping bag  ● Pillow  ● Bath towels  ● Toiletries (soap, shampoo, toothbrush, toothpaste, comb/brush, lotions. medicines, epi-pen) | **OPTIONAL ITEMS**  ● Camera  ● Binoculars  ● Field guides  ● Journal  ● Sketch pad and supplies  ● Board games  ● Frisbee |