CAMPUS RESOURCES QUICK LIST

Colorado College has a wealth of resources to support students. Below you will find contact information for a few of the offices/departments that may be helpful in your conversations with your student mentee.

Career and Professional Development Support:

- <u>Career Center</u> Offers student appointments, exploratory support, job/internship search, application support, and much more. Students can schedule appointments, RSVP to workshops/programs, and search for opportunities in <u>Handshake</u> The Career Center also supports students with fellowships, grants, and on-campus summer research. Contact information <u>careercenter@coloradocollege.edu</u>. 719-389-6893.
- Mock Interviews- Students can practice recorded mock interviews and send these to others including the Career Center team for feedback through <u>Big Interview</u>.
- Student Employment All student employment jobs can be found in Handshake.

Academic Support:

- <u>Accessibility Resources</u> Offers students support with reasonable accommodations both academic and residential.
- Colket Center for Academic Excellence Offers writing and quantitative reasoning tutors. Students can schedule appointments on their <u>website</u>.
- <u>Student Opportunity & Advising Hub</u> Offers advising on courses, leaves of absence, and academic progression.

Health & Wellbeing Support:

- <u>Student Health Center</u> If a student is not feeling well, they can call the Student Health Center at 719-389-6384.
- <u>Chaplain Office</u> For spiritual counseling or questions, students can contact Kate Holbrook at <u>kholbrook@coloradocollege.edu</u> or 719-389-7986.
- Wellness Resource Center Works to create an environment that nurtures
 the development of the whole person and empowers individuals to make
 healthy lifestyle choices. The center focuses on sexual violence prevention
 and response, substance use education and abuse prevention, and mental
 health promotion and suicide prevention. Students can learn more about
 programs and services on their website or call 719-389-6211

Health & Wellbeing Support:

• <u>SARC (Sexual Assault Response Coordinator)</u> - If a student begins to share they have been sexually assaulted, please caringly stop them and let them know you are not a confidential resource and will need to share whatever they share. Please direct them to the SARC, as a confidential resource: Anna Thompson sarc@coloradocollege.edu; 719-227-8101; On-Call Advocate 719-602-0960. Please contact the SARC as well to notify them of your conversation.

A Note on Confidentiality: A mentoring relationship is based on trust and honesty. Information shared within the context of the relationship should be handled with discretion.

Confidentiality cannot be offered in the following situations:

- The mentee talks about suicide
- The mentee discusses intentions to harm another person

Please contact Campus Safety immediately if the above situations occur. Emergency Number: 719-389-6911

Thank you so much for your participation in the mentoring program, should you have additional questions please contact the Program Administrator.